

Aging in Community ...with Spirit



Come to the beautiful mountains of Southwest Virginia to experience the greening, healing energy of the earth. As you travel through the land of Spring, relate your spiritual journey to the unfolding beauty all around. Meet up with kindred spirits for mutual encouragement through silent listening, sharing and celebration.

ELDERSPIRIT COMMUNITY SPRING RETREAT **A time of renewal and rebirth**

April 9, 2010 5:00 pm – April 11 noon

Jubilee House Retreat Center • Abingdon, Virginia

Sponsored by ElderSpirit Community, Inc.

Cost: \$200 per person (double occupancy); \$100 commuters.

Includes six meals, program and tour of ElderSpirit Community at Trailview. Limited to 20 retreatants.

RETREAT LEADERS: Monica Appleby and Jean Marie Luce

RETREAT TOPICS: *Reverence for Creation • Mutual Support • ElderSpirituality*

To reserve a place, complete the following:

NAME: _____

PHONE: _____ CELL #: _____

ADDRESS: _____

E-MAIL: _____

SPECIAL NEEDS (dietary, other): _____

Send \$25 deposit by March 1, 2010 to:

Monica Appleby • ElderSpirit Community, Inc • 120 ElderSpirit Court • Abingdon, VA 24210
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