

Aging in Community ...with Spirit



**Experience the Fall Equinox
in the beauty of nature.
Take time to nurture your spirit,
to spend time alone, time in
community, and to celebrate
ElderSpirituality.**

ELDERSPIRIT COMMUNITY AUTUMN RETREAT **A time for every purpose under heaven...**

September 18, 2009 5:00 pm - September 20, 2009 noon
Jubilee House Retreat Center • Abingdon, Virginia

Sponsored by the ElderSpirit Community Resource Center and Team

\$200 per person for room, six meals, program and a tour of ESC at Trailview. Limited to 20 retreatants.

To reserve a place, complete the following:

NAME: _____

PHONE: _____ CELL #: _____

ADDRESS: _____

E-MAIL: _____

SPECIAL NEEDS (dietary, other): _____



Send with \$25 deposit by September 1, 2009 to:

Monica Appleby
ElderSpirit Community, Inc
120 ElderSpirit Court • Abingdon, VA 24210
(276) 698-3289 • mappleby@elderspirit.net